

## Putting the Heart Into Healthcare

# Your Path to Recovery Starts Here

Wilson Healthcare and Rehabilitation Center, an esteemed facility in Wilson, North Carolina, is dedicated to providing you and your loved ones with exceptional care. As a proud recipient of the Wilson Times Reader's Choice Award multiple times for the best nursing home in the area, we take great pride in delivering highquality, patient-centered services. Our compassionate team is committed to helping each individual achieve optimal well-being through health and personalized care and rehabilitation programs.

Contact us today to learn how Wilson Healthcare and Rehabilitation Center can support you or your loved one with outstanding care and rehabilitation services. Wilson Healthcare and Rehabilitation Center



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#### Welcome to Wilson Healthcare and **Rehabilitation Center**

#### **Empowering Recovery, Restoring Independence**

At Wilson Healthcare and Rehabilitation Center. we understand that every recovery journey is unique. Our rehabilitation services are designed to provide personalized care, helping patients regain independence and improve their quality of life. Our dedicated team of Physical and Occupational Therapists, along with Speech-Language Pathologists, work collaboratively to create customized treatment plans tailored to each individual's specific needs and goals. As a proud member of YAD Healthcare, we are committed to making your rehabilitation experience both positive and impactful.



#### **Rehabilitation Services**

- Activities of Daily Living: Assisting patients with tasks essential for independent living, such as dressing, bathing, and grooming.
- Balance and Fall Prevention: Implementing strategies and exercises to improve balance and reduce the risk of falls.
- Cognition: Enhancing cognitive abilities through specialized therapies and activities tailored to individual needs.
- **Communication:** Addressing speech and language difficulties to improve communication skills and quality of life.
- Dysphagia: Providing assessment and treatment for swallowing disorders to ensure safe and efficient swallowing function.
- Functional Mobility: Helping patients regain strength, flexibility, and coordination to perform daily activities with ease.
- (a) Pain Management: Utilizing various techniques and modalities to alleviate pain and improve comfort during the rehabilitation process.
- Seating & Positioning: Customizing seating and positioning equipment to optimize comfort, posture, and functional mobility.
- Splints/Braces: Designing and fitting custom splints and braces to support and stabilize joints for improved function and comfort.
- **Wound Care:** Providing specialized wound care treatments and therapies to promote healing and prevent complications.

#### **Specialized Sub-Acute Care**

Our specialized unit for sub-acute rehabilitation features daily physical, occupational, and speech therapy, all supported by an expansive gym equipped with state-of-the-art facilities. With a compassionate approach, we ensure that every patient experiences a comfortable and highly effective rehabilitation journey. We also focus on coordinated care for a seamless transition postdischarge, ensuring that our patients continue their recovery with the support they need.

### **Everyday Comforts**



Delicious Meals & **Dietary Monitoring** 



**Exciting Daily Activity Program** 



Laundry Service and Room Cleaning



Personal Beauty and Barber Shop



Professional Podiatry and Vision Services



四 Full In-house Pharmacy

